Which of the following enhance my learning experience?

The scale of this survey is 1-5 with 1 being least beneficial and 5 being most beneficial

	1(Least)	2	3	4	5 (Most)
I take my own notes in class					
2. I review PowerPoint slides and add to them					
3. I reread and rewrite the notes I take in class					
4. I read the book ahead of the lecture					
5. I just listen to the lecture					
6. I attend all the lectures					
7. I attend review sessions					
8. I work on homework in a group					
9. I work on homework by myself					
10. When I focus mainly on the underlying concepts					
11. When I focus mainly on the application of the concepts					
12. I have a quiet place to study and study alone					
13. I begin studying early for exams					
14. I work on additional problems in the book					
15. I explain the material to someone					
16. I actively participate in class					
17. I consult a peer who has already taken the class					
18. I actively listen to the lectures					
19. I watch videos on the topics being covered					
20. I use outside sources of information about a topic					
21. I create goals and stick to a study schedule					